

Are you a Great Coach?

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A great coach...

- Has a **philosophy**. This is a set of principles or beliefs that you share with your team.
- Teaches the **fundamentals** of the game, developing the players' essential skills.
- **Communicates** well. Get across your ideas and goals to the players clearly.
- Is **enthusiastic**. Show up to every practice brimming with positivity and energy (even if you're having a bad day). Enthusiasm is infectious.
- Is **not a screamer**. Make sure the practices are fun for the players and that you inspire and motivate. Don't just yell!
- Is **easy to work with**. Stand up for your ideas and principles, but be prepared to compromise if necessary.
- **Learns from others**. Seek out expert advice, tips, and coaching drills so that your coaching continues to improve. Even the best coaches still have something to learn.
- **Knows the team's limits**. While you might have the ideal offensive and defensive moves in your mind, if our players aren't ready to carry out these moves, modify your strategy.
- **Instills discipline**. Make sure you have a set of rules and boundaries for behavior and conduct, and apply them at all times to all players equally.
- Is **organized!** Make sure you plan your practice drills in advance, targeting specific problems and goals, with new and varied exercises to stop players from getting bored.